

HOW TO STICK IT ON RIGHT

USING THE DAYTRANA® PATCH



HOW TO USE THE PATCH

Applying the Daytrana® patch is as quick as *peel, place, and press*. Just follow the instructions below.

1. WHERE TO APPLY DAYTRANA

- Apply patch to the hip area once each day. (Avoid the waistline, since clothing may cause the patch to rub off.)
- You should alternate the hip on which the patch is worn every day to reduce potential irritation. Also, put the patch in a different place on the child's hip each time. For example, if the patch is worn on the right hip on Day 1, apply the patch to the left hip on Day 2, the right hip on Day 3, and so on.



2. BEFORE YOU APPLY DAYTRANA

- Make sure the patch is not defective or damaged in any way, that it separates easily from the protective liner, and that it has not been stored in the refrigerator or freezer.
- Before you apply a new Daytrana patch, skin must be clean and dry, with NO powder, oil, lotion, cuts or irritation.

If the patch is damaged or if you have problems removing the liner, discard the patch according to the instructions provided below, and apply a new one to the child's skin.

3. HOW TO APPLY DAYTRANA

- When you're ready to apply Daytrana, carefully cut open the pouch containing the patch with scissors and remove the patch. (Be careful not to cut the patch — patches that have been cut or damaged should not be used.)
- Hold the patch with the protective liner facing you — **the word Daytrana will appear backwards** since you are looking at the back of the patch.
- **Gently** bend the patch along the faint line, and **slowly peel** half the liner to expose the sticky surface underneath. (Try to avoid touching the sticky part with your fingers. If you do touch it, wash your hands immediately after application.)
- Place the sticky side of the patch firmly into place on the hip and smooth it down.



- While holding the sticky side down, gently fold back the other half and **slowly peel** the remaining protective liner.
- **Press the entire patch firmly into place with palm. Press for about 30 seconds.** This ensures good adhesion of the patch to the skin. Go over the edges with your fingers to make sure that it's well placed and stuck on.
- Wash your hands immediately after applying the patch.



If a patch falls off, discard the old patch and a new patch can be applied to a different area of the same hip. Total wear time for that day should remain 9 hours.

Please note: Patches should not be reapplied with bandages, tape, or other household adhesives. Also, do not use hair dryers, heating pads, electric blankets, or other heat sources directly on the patch.

4. HOW TO REMOVE AND DISCARD DAYTRANA

- When you remove the patch, peel it off slowly. If needed, patch removal may be helped by gently applying an oil-based product (petroleum jelly, olive oil, or mineral oil) to the patch edge, gently working the oil underneath the patch edges.
- Fold the used Daytrana patch in half so that the sticky side sticks to itself. **Flush the used Daytrana patch down the toilet* or dispose of it in a lidded trash receptacle.**
- If any adhesive residue remains on your child's skin after removing the patch, gently rub the area with oil or lotion to remove the adhesive from the skin.
- Any unneeded or expired Daytrana patches should be disposed of properly. Remove leftover patches from their protective pouches, peel off the protective liners, and fold the sticky sides together. **Then flush the patches down the toilet* or throw away in a lidded trash receptacle.**
- Wash your hands immediately after handling the patch.
- Do not flush the pouches or the protective liners down the toilet. These items should be properly thrown away in the trash.

**Do not flush if you have a septic tank.*



The first and only patch for ADHD

[Important Safety Information](#) | [Full Prescribing Information](#)
[Medication Guide](#)

The safety and effectiveness of Daytrana for ADHD has been established in two 7-week clinical studies. Daytrana should be used as a part of a total treatment program for ADHD that may include counseling or other therapies.

IMPORTANT SAFETY INFORMATION

Daytrana is indicated for the treatment of ADHD in children aged 6 to 12 years.

Tell your doctor about any heart conditions, including structural abnormalities, your child or a family member may have. Inform your doctor **immediately** if the child develops symptoms that suggest heart problems, such as chest pain or fainting.

Daytrana should not be used if the child has: significant anxiety, tension, or agitation; allergies to methylphenidate or other ingredients of Daytrana; glaucoma; discontinued in the last 14 days or is taking a monoamine oxidase inhibitor (MAOI); tics, or family history or diagnosis of Tourette's syndrome.

Tell your doctor **before** using Daytrana if the child: is being treated for or has symptoms of depression (e.g. sadness, worthlessness, or hopelessness) or bipolar disorder; has family history of tics; has abnormal thoughts or visions, hears abnormal sounds, or has been diagnosed with psychosis; has had seizures or abnormal EEGs; has or has had high blood pressure; exhibits aggressive behavior or hostility. Tell your doctor **immediately** if the child develops any of these conditions/symptoms while using Daytrana.

In clinical studies, side effects were generally mild to moderate. The most common side effects reported with Daytrana were decreased appetite, sleeplessness, sadness/crying, twitching, weight loss, nausea, vomiting, tics, and affect lability (mood swings). Aggression, new abnormal thoughts/behaviors, mania, and growth suppression have been associated with use of drugs of this type. Talk to your health care provider if your child experiences slowing of growth (height and weight). Children should have their height and weight checked periodically while taking Daytrana. Your health care provider may stop Daytrana treatment if a problem is found during these check-ups. Tell your doctor if the child has blurred vision while using Daytrana.

Abuse of Daytrana can lead to dependence.

Daytrana should be applied daily to clean, dry skin, which is free of any cuts or irritation. Skin redness or itching is common with Daytrana. Allergic skin rash may occur.

You are encouraged to report negative side effects of prescription drugs to the FDA.
Visit www.fda.gov/medwatch or call 1-800-FDA-1088.



The first and only patch for ADHD

Manufactured for Shire US Inc., Wayne, PA 19087 by Noven Pharmaceuticals, Inc., Miami, FL 33186.

Daytrana® is a registered trademark of Shire Pharmaceuticals Ireland Limited.



© 2010 Shire US Inc., Wayne, PA 19087 1-800-828-2088 www.Daytrana.com DAY-00402 03/10